ARCHIVE EDITION · CORRECTED OCTOBER 12, 2026

Corrected October 12, 2026 with Taylor Heal’s confirmed information. The weekly listings remain a dated snapshot; past registration counts and events are not current availability.

Morning play welcomes everyone. Senior Crew benefits and the first-10 founding Plus offer are membership options; Plus is four plays a month, 9 AM–9 PM, with $29.99 for the first 10 in each program and $39.99 after that.

Women’s Play is E.H. 3–7. Tuesday guest play is $15 after a new guest’s free first visit. Happiest Hours is not offered on Tuesdays.

Warnings run through October 31. The $7.50 no-show penalty starts November 7. Cancel at least four hours ahead.

The October 10 IPTPA workshop was 10 AM–2 PM. The October 10 MLP combine and draft was canceled.

Latest CPL update, October 12: E.H.’s 3.0 team beat Suffield 29–3 and is 1–1 for the season. The October 5 3.5+ team report remains a separate, dated report.

E.H. Senior Crew is open — three ways in for players 65 and up, and signing up starts with one phone call. And a word about your number — what it's for, and why I want to hear from you about it. The previously announced October 10 MLP Combine and Draft was canceled. CPL plays at home this Saturday morning. Wednesday — the Entrée. Friday — the weekend board, and the drill that goes with today's tip.

NOW OPEN

E.H. SENIOR CREW

Three ways in for players 65 and up · weekdays 7–9 AM and 11 AM–3 PM If you're 65 or older, here are the three options and exactly what each one costs.

With SilverSneakers or Renew Active: $0 for up to 10 covered visits a month, weekdays 7–9 AM and 11 AM–3 PM. After covered visits and Plus plays are used, it is $7.50 a visit during Senior Crew hours.

Without either benefit program (65+): $29.99 a month for weekday play, 7–9 AM and 11 AM–3 PM.

Optional Senior Crew Plus: four plays a month, 9 AM–9 PM. The first 10 in each program pay $29.99 a month; after that, it is $39.99. Add it any time — you do not have to decide at sign-up.

Morning play is open to everyone; Senior Crew is a membership option.

Why is the first one free? Because your plan pays the club for every visit you check in for. That's the whole arrangement. It's also why checking in matters: a visit with no check-in is a visit the

plan doesn't pay for. The catch, so you don't have to ask. Senior Crew is by reservation, not drop-in — you book in CourtReserve, up to 7 days ahead. Warnings run through October 31. The $7.50 no-show penalty starts November 7. Cancel at least 4 hours ahead at no charge. And if you've never played, you start at Pickleball Is Fun, our free one-hour learn-to-play class, not open play. Paddles provided, and you leave with a rating.

HOW TO SIGN UP

1. Visit https://www.eh-pickleball.net or email easthartfordpickleballclub@gmail.com before your first visit. We confirm your plan and set up your CourtReserve account. A family member or caregiver can help you sign up. 2. Book your time. CourtReserve, search EAST HARTFORD RACQUET CLUB, then SilverSneakers Open Play — weekdays 11 AM–1 PM and 1–3 PM. 3. Check in at the desk every visit. We'll tell you how many covered visits you have left that month.

Know somebody 65 or older? Forward them this. Start at https://www.eh-pickleball.net.

SilverSneakers® is a registered trademark of Tivity Health, Inc. Renew Active® is a registered trademark of UnitedHealthcare. Eligibility and covered access are subject to verification and current club terms. E.H. Senior Crew is an E.H. Pickleball Club program identity and is not an official mark of either benefit program.

YOUR NUMBER

IT'S THERE TO ORGANIZE THE PLAY

The E.H. Player Rating, 1 to 9 · It can change · Tell me what's working The E.H. number exists for one reason: to help the play be organized. It isn't a grade and it isn't a gate. It puts you in games with people near your level, so the two hours you drove over for are worth it. It can be changed. Up or down, any time. Set it yourself in CourtReserve, or text me and I'll do it. Land in the wrong block? Finish the game you're in, then find me. Nobody's in trouble. This is new, and I know it. I welcome every bit of feedback — what's working, what's confusing, what doesn't feel right. Visit https://www.eh-pickleball.net.

Beginner E.H. 1–3 · Beginner Bridge 3–4 · Intermediate 4–6 · Intermediate Bridge 6–7 · Advanced 7–9

No number yet? Start at Pickleball Is Fun — free, Monday and Tuesday 1–2 PM. More in Sign Up Now.

My promise: it will make it worth coming to an open play.

MLP UPDATE · COMBINE CANCELED

The previously announced October 10 combine and draft was canceled. Future league details and registration will be announced in Court Reserve.

THE WEEK SEPTEMBER 28 THROUGH OCTOBER 4

Monday 9/28 · ■ SilverSneakers 1–3 PM · ■ Pickleball Is Fun, free 1–2 PM · ■ Power Hour 3–5 PM

■ Women's Open Play (E.H. 3–7) 5–7 PM — 2 spots left · ■ Intermediate II (E.H. 5–7) 7–9 PM — full, waitlist open

Tuesday 9/29 · ■ Intermediate–Advanced (E.H. 4–8) 7–9 AM · ■ Intermediate I (E.H. 4–6) 9–11 AM · ■ SilverSneakers 11–1 and 1–3

■ Pickleball Is Fun, free 1–2 PM · ■ Power Hour 3–5 PM · ■ Intermediate Bridge II (E.H. 3–6) 5–7 PM

■ CPL Open Practice 7–9 PM · ■ Intermediate–Advanced (E.H. 5–7) 7–9 PM

Wednesday 9/30 · ■ Intermediate–Advanced (E.H. 4–8) 7–9 AM · ■ Intermediate I (E.H. 4–6) 9–11 AM · ■ SilverSneakers 11–1 and 1–3

■ Intermediate–Advanced (E.H. 5–7) 5–7 PM · ■ Intermediate Bridge II (E.H. 6–8) 7–9 PM — full

■ Intermediate I (E.H. 4–6) 7–9 PM — full · ■ The Entrée lands

Thursday 10/1 · ■ Intermediate–Advanced (E.H. 5–7) 6–8 AM · ■ Intermediate I (E.H. 4–6) 8–10 AM

■ Coached Open Play, Seniors (E.H. 3–5) noon–2 PM · ■ Coaches Clinic: Slow and Quick Hands 2–3:30 PM

■ Level Challenges 4–6 PM · ■ Beginner Bridge II (E.H. 3–5) 6–8 PM · ■ Intermediate Bridge I (E.H. 6–8) 6–8 PM

Friday 10/2 · ■ Intermediate–Advanced (E.H. 4–8) 7–9 AM · ■ Intermediate I (E.H. 4–6) 9–11 AM · ■ SilverSneakers 11–1 and 1–3

■ Coached Open Play, Seniors (E.H. 3–6) 11 AM–1 PM · ■ Power Hour 3–5 PM

■ Low Intermediate–Advanced Bridge (E.H. 4–7) 5–7 PM · ■ Intermediate I (E.H. 4–6) 7–9 PM

■ Intermediate Bridge II (E.H. 6–8) 7–9 PM — full · ■ The Dessert lands

Saturday 10/3 · ■ CPL home matches 10 AM–12:30 PM — come watch · ■ full board in Friday's paper

Sunday 10/4 · ■ Men's Night (E.H. 5–8) 6–8:30 PM · ■ full board in Friday's paper

Friday's paper carries the full weekend board — Saturday and Sunday, block by block, with levels. This one is the week ahead.

Everything books in CourtReserve. Search EAST HARTFORD RACQUET CLUB — searching for the pickleball club name won't bring up the listing.

CLOSING THIS WEEK

The October 10 MLP combine and draft was canceled. Future league details will be announced.

Nothing else closes this week.

SIGN UP NOW

Pickleball Is Fun — free, one hour. Monday and Tuesday, 1–2 PM, with Taylor. It's our learn-to-play class: we introduce the parts of the game you need to have to play, and we make it fun. The best place to start, or just dip your toes in. Our promise: you leave having had fun, having learned a lot, and knowing your next step. Members and non-members, you're how this community grows — bring somebody who's been curious. Coaches Clinic — Slow and Quick Hands. Thursday 10/1, 2–3:30 PM, with Taylor. 16 spots. This week's tip, with a coach standing next to you. IPTPA Level 1 Workshop. Saturday 10/10, 10 AM–2 PM, with Coach "Z" Zorano and Coach Taylor. 16 spots. For anyone thinking about teaching the game.

TIP OF THE WEEK

Beat the banger. It's under your control when it's under your control. The banger wants a speed contest. You don't have to enter one. When a hard ball comes at you, the job isn't to hit it back harder — it's to bring the speed down to something you can handle, and the net is how you do it. Soft hands, paddle out front, and send it low and short so it has to climb to clear the tape. A ball they have to lift can't be banged. What to notice in yourself: every time you answer speed with speed, ask whose speed that was — yours, or theirs.

Friday's paper has the full drill — how to run it with a partner, what to watch for, and how to use it over the weekend.

ONE POLICY REMINDER

Full isn't final. Three evening blocks this week are full with waitlists. If your plans change, cancel in CourtReserve the moment you know. Cancel at least 4 hours ahead at no charge; your spot goes straight to the next person on the list. And if a block you want is full, join the waitlist. People cancel. That's what Take Care of Each Other looks like on a Tuesday night.

Gratefully, Taylor Heal Operations Director and Head Pickleball Professional IPTPA / PPR / RPO Certified Teaching Professional 860-917-4251 · easthartfordpickleballclub@gmail.com CourtReserve — search EAST HARTFORD RACQUET CLUB