ARCHIVE EDITION · CORRECTED OCTOBER 12, 2026

Corrected October 12, 2026 with Taylor Heal’s confirmed information. The weekly listings remain a dated snapshot; past registration counts and events are not current availability.

Morning play welcomes everyone. Senior Crew benefits and the first-10 founding Plus offer are membership options; Plus is four plays a month, 9 AM–9 PM, with $29.99 for the first 10 in each program and $39.99 after that.

Women’s Play is E.H. 3–7. Tuesday guest play is $15 after a new guest’s free first visit. Happiest Hours is not offered on Tuesdays.

Warnings run through October 31. The $7.50 no-show penalty starts November 7. Cancel at least four hours ahead.

The October 10 IPTPA workshop was 10 AM–2 PM. The October 10 MLP combine and draft was canceled.

Latest CPL update, October 12: E.H.’s 3.0 team beat Suffield 29–3 and is 1–1 for the season. The October 5 3.5+ team report remains a separate, dated report.

Here's your week

Big week, everybody. Senior Crew mornings are open. Our CPL 3.5+ team is 2–0. There's a brand-new early morning membership — the E.H. Rise and Shine Crew. And Women's Play and Men's Play both have their nights.

Wednesday — the Entrée. Friday — the weekend board and the drill.

NOW OPEN

SENIOR CREW — MORNINGS ARE YOURS

SilverSneakers® and Renew Active® · weekdays 7–9 AM and 11 AM–3 PM

Morning play is open to everyone. Senior Crew is a membership option.

If your health plan carries SilverSneakers or Renew Active, you can play here at no cost to you. Here's exactly what that means.

When · Monday–Friday, 7–9 AM and 11 AM–3 PM

Covered · Up to 10 open-play visits a month

Brand new? Free one-hour intro. Paddles provided.

Launch spots 50

Why is it free? Your plan pays the club for each visit you make. That's the whole arrangement.

The limits, up front:

• Visit 11 and beyond in a month is $7.50, during Senior Crew hours.

• Want more? SilverSneakers Plus / Renew Active Plus — first 10 in each program: $29.99 a month for 4 extra open plays, bookable 9 AM–9 PM, 7 days ahead. Unused plays don't roll over. After the first 10 in a program, Plus is $39.99 a month.

• Cancel 4 hours ahead. Same rule as everybody. Warnings through October 31; the $7.50 no-show fee starts November 7.

Know someone on one of these plans? Forward this to them. https://www.eh-pickleball.net.

SilverSneakers® is a registered trademark of Tivity Health, Inc. Renew Active® is a registered trademark of UnitedHealthcare. Eligibility and covered access are subject to verification and current club terms. E.H. Senior Crew is an E.H. Pickleball Club program identity and is not an official mark of either benefit program.

C P L C O R N E R · U N D E F E AT E D

TEAM E.H. 3.5+ IS 2–0

18–14. And they earned every single point.

Our CPL 3.5+ team is 2–0 after an 18–14 win that went the distance. Nobody handed this one over. It was fought for — game after game, partner picking up partner.

That's the team. Different backgrounds, different games, different reasons for showing up — and on match day, one side of the net.

Team Captain · Ken Paskowitz

Team Manager & Coach Taylor Heal

Team Owner · Mike Reiner

Next up: Pickleball Kingdom, in Holyoke, MA. We're taking 2–0 on the road.

CPL Corner runs every Monday. More names, more moments, every week.

NEW MEMBERSHIP · 50 SPOTS

THE E.H. RISE AND SHINE CREW

Play before the day gets its hands on you · $29.99 a month

For the early players. The ones who'd rather get their games in before work, before the kids are up, before the world starts asking for things.

Weekdays · Monday–Friday, 7–9 AM

Weekends · Saturday & Sunday, 6–8 AM

Price · $29.99 per player, per month

Spots · 50. That's it.

Find it in Court Reserve as E.H. Rise and Shine Crew. When the 50 are gone, they're gone.

NEW ON THE SCHEDULE

WOMEN'S PLAY & MEN'S PLAY

Women's Play — two sessions, both E.H. 3–7.

• Mondays, 5–7 PM — non-members $15 • Tuesdays, 3–5 PM — new, added slot, started this week. New guests: first visit free, then $15

Men's Play — Sundays, 6–8:30 PM. E.H. 5–8. Free all of October, then $10 starting in November.

Heads up: Happiest Hours is off the schedule on Tuesdays.

Book both in Court Reserve.

THE WEEK — October 5 through 11

Monday 10/5 · The Appetizer lands · Women's Play 5–7 PM

Tuesday 10/6 · Women's Play 3–5 PM · no Happiest Hours on Tuesdays

Wednesday 10/7 · The Entrée lands

Thursday 10/8

Friday 10/9 · The Dessert lands — weekend board and the drill

Saturday 10/10 · IPTPA Level 1 Workshop, 10 AM–2 PM — register at iptpa.com

Sunday 10/11 · Men's Play 6–8:30 PM — free in October

Friday's paper carries the full weekend board. This one is the week ahead.

Everything books in Court Reserve. Search EAST HARTFORD RACQUET CLUB.

TIP OF THE WEEK

CREATE THE GAP

You don't find a gap. You make one.

Set it up. Move them first. Pull one player wide with an angle, or put two balls in a row at the same player's feet. It usually takes two or three shots — be patient.

Read it. Watch the other player. If they don't slide over with their partner, the middle just opened.

Put it away. Through the gap, low and firm — at the middle or the feet, not the sideline. Then get your paddle back up. Good teams answer.

What to notice in yourself: are you swinging for the put-away before the gap exists?

Friday's paper has the full drill — how to run it with a partner and what to watch for.

ONE POLICY REMINDER

Cancel 4 hours ahead — no charge, ever. Warnings run through October 31. From November 7, it's $7.50. It applies to everyone.

Gratefully,

Taylor Heal E.H. Pickleball Club Operations Director and Head Pickleball Professional IPTPA / PPR / RPO Certified Teaching Professional

860-917-4251 · easthartfordpickleballclub@gmail.com Court Reserve — search EAST HARTFORD RACQUET CLUB

THE FOURTH PILLAR

Show Up · Connect · Take Care of Each Other · Laugh

Why did the pickleball player bring a map to the court?

They heard there was a gap in the middle — and wanted to find it before the other team closed it.